



Maternity Centre **Kiem**

Calm and personal attention
for a comfortable start

ki  m
geboortezorg

Welcome at the maternity centre

ki @ m



Your stay at the maternity centre

The first days after giving birth are very special, but can also be quite exciting.

At our maternity centre, we do everything to ensure to give you and your baby the best possible start. During your stay, we support you with care, attention, and expertise, so that you can recover and become familiar with your baby.

A place for you and your family

If you choose the maternity centre, you, your baby, and your partner will stay in a maternity room. Our rooms are designed to make your stay as comfortable and worry-free as possible, with everything you might need during the postnatal period.



Together with your maternity nurse, you focus on what really matters: recovering and enjoying your baby.

- Private room of 30m² with bathroom and toilet.
- Your partner or another adult can stay overnight; it is not required but highly desirable.
- Professional maternity care.
- Freshly prepared meals every day.
- Children are welcome all day until 8:00 PM.



Visitors

Of course, it is possible to receive visitors during your stay. You may welcome your visitors in your own maternity room, or you can take a seat downstairs in the living room or in the restaurant.

Stay

You are free to decide how long you stay at the maternity center, up to a maximum of 4 days. Upon discharge, we look at the possibilities for home maternity care, depending on your personal situation and availability. The midwife is ultimately responsible for the course of care.

Maternity rooms

All maternity rooms are tastefully decorated and equipped with all necessary facilities.

This allows you to enjoy your maternity period.

Each maternity room has its own bathroom, crib, baby bath, changing table, refrigerator, Wi-Fi, and television.

Each maternity room is equipped with two beds, so your partner can always stay overnight. The rooms are cleaned daily, and the beds and towels are changed every day.



Advantages of the maternity centre

Our experienced maternity nurses are present in the maternity center from 8:00 AM to 8:00 PM. So you are not alone.

You can count on:

- Daily check-ups for you and your baby.
- Personal guidance with (breast)feeding and care.
- Practical tips, advice, and support tailored to your needs.
- Recovering at your own pace.
- A safe and reassuring feeling, with medical care always nearby.
- Good cooperation between all involved healthcare providers.

Meals

The stay includes meals for the mother. Breakfast, lunch and dinner are served in your room. Your partner can join you for meals at a reduced rate. You are also welcome to bring your own meals. A microwave is available in the department.

Practical information

Directions

Did you give birth at Bernhoven Hospital? The maternity center is located right next to the hospital. If any complications arise during the postpartum period, medical care from the hospital is nearby.

Parking

You can park in the Udens Duyn parking lot. Paid parking applies here. A day ticket costs € 5.00 per 24 hours.

Costs

Use of the room, cleaning and bed linen are included with your stay. The same statutory personal contribution applies to your stay in the maternity center as for regular maternity care. You pay this personal contribution based on the number of maternity care hours provided. For each day you stay in the maternity center, 8 hours of maternity care are charged.

What should you bring?

- Care plan (if you have one)
- Maternity kit (including bed pads, maternity pads, sterile gauze, bottle of 70% alcohol)
- Bottle(s) if you know you will be formula feeding (not need otherwise)
- Muslin cloths and washcloths
- A bathrobe and slippers are useful
- Diapers
- Clothes and pyjamas for yourself
- Toiletries
- Maxi-Cosi (car seat)
- Clothing for your baby
- Swaddle blanket for your baby
- Paracetamol for yourself
- Burp cloths

More information or questions

Contact your midwife.

Maternity Center Kiem

Located in Zorghotel Udens Duyn
Annaboulevard 6
5406 PZ Uden

